



Amy Fuller PhD

Help for today, Hope for Tomorrow

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# Couples Intensive Treatment

with Amy Fuller PhD, LMFT-S, LPC

Couples Intensive Treatment (CIT) is ideal for couples wanting to address issues in a more direct and rapid method than traditional weekly sessions will allow. Are you and your partner:

- Desperate for some kind of change in your relationship? Tired of the same old arguments?
- Thinking about separation or divorce?
- Not making progress in traditional couples therapy?
- Wanting change to come sooner than later?
- Having sexual difficulty needing a proven therapeutic approach?

A customized intensive approach to couple's therapy can address these issues. What would normally take several months in traditional weekly therapy can be addressed in 2 to 4 days within an intensive treatment model.

## *How it works:*

Couples meet with Dr. Fuller for a total of 7 to 9 hours over 2 to 3 days. Therapy will focus on helping each individual develop and improve functioning to facilitate developing higher levels of closeness while maintaining and strengthening the self.

Dr. Fuller utilizes the Crucible approach for intensive therapy. This approach lends itself to intensive treatment as the couple forms a "crucible" within which healing and growth may occur. CIT is typically utilized with couples in crisis, however, it can be extremely beneficial for couples wanting to address pre-marital topics, couples simply wanting to improve their current relationship or couples struggling with sexual or intimacy issues. The first session is spent gathering information and formulating a detailed and customized plan for addressing the most critical concerns of each person. Educational materials are often utilized in conjunction with CIT, but are customized for each unique couple.

## [More about Dr. Amy Fuller](#)

## *Scheduling:*

Scheduling is flexible for each couple, but hours are limited to Monday through Friday between 8 am and 3 pm. All sessions are scheduled and paid for ahead of time. The fee for couple's intensive treatment with Dr. Fuller is between \$1200 and \$1400 depending on scheduling availability with a discount of the hourly rate and an option to include one follow up session.

\*\*A \$500 re-scheduling fee applies if the couple needs to reschedule the intensive when cancellation is within 1 week of the agreed upon time.

## *Before we get started:*

- This form of therapy is extremely "intense" so it is suggested for even those living locally to take time off of work, arrange for alternate care of children and possibly stay away from home. It is best if each of you are freed up from work demands and able to focus this time on healing and strengthening your relationship.
- Set up follow-up therapy before the intensive week to maintain progress
- Complete attached agreement and complete required intake paperwork

CIT is held in southwest Houston at Dr. Fuller's tranquil therapy offices located at 4545 Bissonnet, Suite 289, Bellaire, TX 77401.

To find out more information or schedule CIT, please call Dr. Fuller's office at (832) 848-0870 or email [amy@amyfullerphd.com](mailto:amy@amyfullerphd.com).



# Couples Intensive Treatment Agreement

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This form is to acknowledge agreement of Couples Intensive Treatment with Dr. Amy Fuller with the following specifications.

Names of individuals participating: \_\_\_\_\_ & \_\_\_\_\_

Contact Phone and Email: \_\_\_\_\_

Contact Address: \_\_\_\_\_ City, State: \_\_\_\_\_ Zip: \_\_\_\_\_

The intensive will include a discounted total of  7 hours with \$1200 fee,  8 hours with \$1300 fee or  9 hours with \$1400 fee.

Payment is due at the time of scheduling and will be billed according to information provided below. Please consult with Dr. Fuller's administrative staff for information regarding the use of health insurance for the treatment. Appointments in the morning are typically 2 hours in length with shorter sessions in the afternoon. One follow-up session may be included in the original package.

***The following dates and times are scheduled for the intensive:***

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_____	_____
_____	_____
_____	_____

***Please bill the following card for the treatment:***

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Name on Card: \_\_\_\_\_ Type of Card:  Amex  MC  Visa  Discover

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_/\_\_\_\_ 3 digit Code: \_\_\_\_\_

Billing Address and Zip Code: \_\_\_\_\_

***Consent to treatment:***

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We agree to the above appointments and fees for treatment. We understand the intensive will be charged upon receipt of this document and an additional fee will be charged if there is a need for rescheduling. If payment information is provided by phone the payment will be processed with verbal permission. We understand we will be provided with office policies regarding our rights, confidentiality, treatment and communication preferences.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Please send a copy of this agreement and receipt of payment by:

Secure Email  Unsecure Email  Regular Mail

Signed by Dr. Fuller: \_\_\_\_\_

Date: \_\_\_\_\_